

Live independently at home with STER-Q What we offer

STER-Q Thuis tailored home care services make it possible for you to live independently in your own home. We create a safe and well-organised living environment, providing appropriate care and guidance that support you to be self-reliant. We help you stay resilient so you remain independent and in control of your daily life.

Q Teamwork

We work as a team. The STER-Q Thuis team, STER-Q Thuis carers and other healthcare professionals work in partnership with you and your loved ones to provide tailored support.

Q Home

Our bespoke services help you live independently at home for as long as possible.

Q Self-respect

We offer personal attention and guidance that increase your confidence, self-esteem and autonomy.

Q Control

Rather than taking over, we encourage and inspire, advising you on how to tackle daily activities so you remain independent and in control.

Q Quality

We aim to provide the highest possible quality of care.

STER-Q Thuis Tailored support in your own home.

We listen to your requirements and appoint STER-Q Thuis carers that match your needs. You will also have a designated Care and Wellbeing Coordinator. This person will stay closely involved and communicate between you, your loved ones and other care professionals.

If you would like to find out how we can help in your situation, please feel free

Contact



Princenhagelaan 1-B2
4813 DA Breda NL



info@ster-q-thuis.nl



076 8885285
0164 728191



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At STER-Q Thuis we are committed to providing dedicated personal care in the comfort of your own home. We help create a safe and well-organised living environment and support people to be resilient so they remain in control and can live independently at home for as long as possible.

Our support services are provided by a designated team of carers who know and understand you. These dedicated individuals tailor their guidance to your situation and needs. Together with your loved ones, the STER-Q Thuis team, STER-Q Thuis carers and other healthcare professionals form a strong and supportive network. Rather than providing standard solutions, we offer a committed and flexible approach that makes a difference in your daily life.

Our services

We offer a range of services and financing options.



Personal Assistance

STER-Q Thuis provides support with daily living activities in the home. Our carers do not take over but support you to do things for yourself at your own pace. This helps structure your day and increases self-reliance so you feel in control of your life. We assist with everyday tasks such as keeping a diary, doing light housework, preparing meals, paying bills and shopping. We can also accompany you to appointments.

Personal Care

Starting the day with you, your STER-Q Thuis carer will assist with personal hygiene and self-care routines, always respecting your wishes and preferences and allowing you to go at your own pace. Personal Care includes assistance with personal needs such as eating and drinking, showering and dressing, reminders to take medication and incontinence care.

Dementia Care

As a specialist in dementia care, STER-Q Thuis provides professional and personal support for individuals with dementia and their loved ones. Our approach focuses on maintaining quality of life, providing structure and reducing the burden on informal carers. We do this by providing tailored support that helps a person with dementia stay independent for as long as possible.

Respite Care

If you are a carer for a loved one and feel in need of a break, STER-Q Thuis can provide (temporary) respite care that is covered by supplementary health insurance. Respite care is intended to prevent carer burnout and is not deducted from the personal contribution towards healthcare costs.